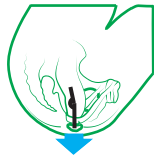
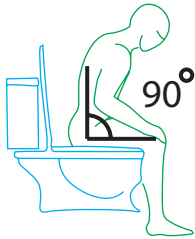


The Problem

Medical research shows that defecating in a 90 degree angle can cause health problems like hemorrhoids and constipation.

By creating a 35 degree angle, health issues like these can be prevented and your current state can improve.



A 90 degree angle makes it harder to defecate as it locks the colon and therefore causes us to spend longer time on the toilet.

A 35 degree angle opens the colon up and give a faster and healthier defecation.

THE DESIGNERS

TOILET SOLUTION



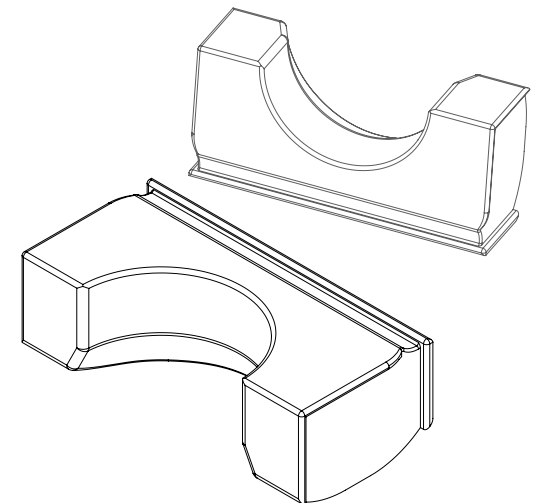
Alexandra Veskoukis.
5th semester product design.
email: alexandra.veskoukis@gmail.com



Patricia Bächle.
7th semester packaging design.
email: patricia@baechle-birndorf.de



Stine Asbjørnsen.
5th semester product design.
email: stineasb@gmail.com



What is Tilt?

Tilt is a toilet stool that gives the user a healthier posture while defecating on a western style toilet by recreating a squatting position

TOILET SOLUTION

BAPD3100
Product Design
Specialisation,
Autumn 2016

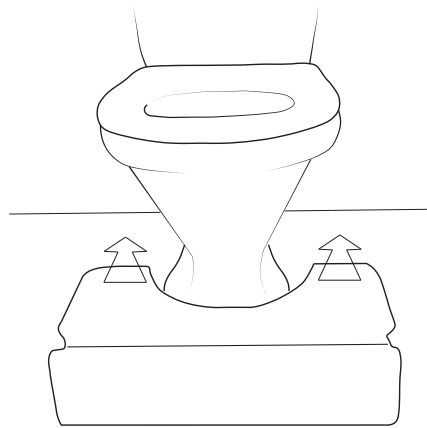
A toilet stool that gives the user a healthier posture while defecating.

WE THINK ABOUT WHAT WE PUT IN OUR BODY, WHY NOT THINK ABOUT HOW IT LEAVES?

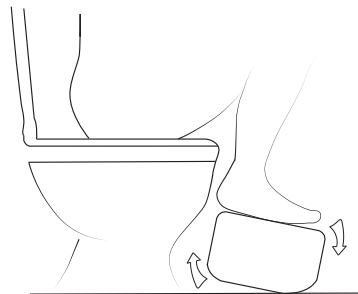
How does it work?

Place your feet on Tilt in your desired height, 15 cm or 21 cm. This will get your knees higher than your hips and make defecation easier. If desired, lean the upper body towards the legs.

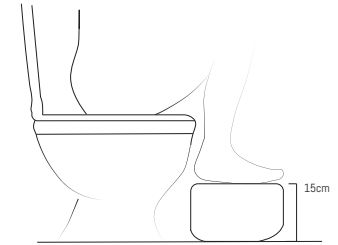
Tilt is space efficient and can be placed under the toilet when not in use.



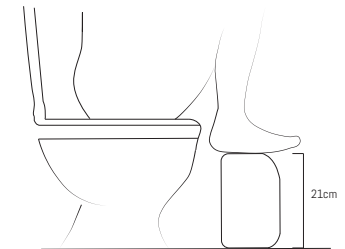
Tilt has a curved bottom and can therefore enable different angles for your feet, which makes it very ergonomic. It also indicates that you can not stand on it.



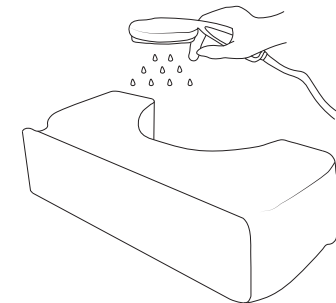
15 cm position: In the position with the curved bottom Tilt is 15 cm high, suited for tall people.



21 cm position: Use your heels to flip Tilt and use the 21 cm height, suited for shorter people.



Tilt is made in plastic and has an organic shape. This makes Tilt easy to clean and more hygienic.



TILT